

Christiansburg Recreation Basketball Rules

1. Each basketball game is 2 twenty minute halves.
2. Each team gets 2 timeouts per half for a total of 4 timeouts per game.
3. If the game goes into overtime there is a 3 min running clock, if the game remains tied after the 3 min period the game ends in a tie.
4. The clock runs continuously, except for the last 2 minutes of the game and time-outs.
5. Teams may press (man to man or zone) at any time, with one exception-- If a team is ahead by 8 or more points, they can't press until the score drops below 8. Mite and pee-wee there is no pressing at all.
6. Slaughter rule is as follows: up 20 or more the leading team must be in a 2-3 zone inside of the three point line. The clock will not stop.
7. **For all other rules we use the VHSL rules.**
8. **No food or drinks are allowed in the gym.**
9. If **Montgomery County Schools** are closed or released early due to inclement weather, all games are postponed.
10. **Games are held at Christiansburg Recreation Center.**
11. VHSL players (JV or Varsity) cannot participate in our youth recreational league sports

Goal height

- 7.5 foot goals for five and six year olds
- 8.5 foot goals for seven and eight year olds
- 10 foot goals for all other ages

Ball sizes

- 27.5 size youth ball for the mite and pee-wee leagues
- 28.5 size ball for the minor leagues, major leagues, and girls senior
- 29.5 size ball for the boy's senior leagues

